Strathmore College in Stoke on Trent is an independent, specialist residential and day college providing individualised courses for young people aged 16 to 25 years. Learners needs range from mild to severe learning difficulties/disabilities and include learners with an autistic spectrum condition, emotional and social behaviour issues, down’s syndrome and speech and language difficulties, coupled with other health related mental or physical difficulties.

Our aim

We aim to provide every young person with an individually tailored programme of education, support, work experience, leisure and life skills and training within the community to enable them to live as independently as possible and make their own life choices.

Our dedicated team of staff create a safe, secure and independent living environment where our young people have a sense of belonging within their group and a sense of ownership for their home. We wish to enable young people to develop the confidence and skills they need to progress towards adulthood, including further or higher education and independent living.

Services offered

- A person-centred approach to education and support
- Individually tailored programmes for education, social and personal development
- Continued and ongoing support with vocational and life skills
- Courses linked to external accreditation, leading to nationally recognised qualifications
- Learning through meaningful, realistic and practical activities
- Intensive therapeutic programmes and strategies designed to support learners to develop self-management skills
- 38/52 week residential or 38 week day provision
- Extensive programme of social, leisure and sporting activities within the community
Holistic approach

- Individual support pathways tailored to individual needs
- Speech and language therapy and communication support across the curriculum
- Clinical psychological support as required
- Access to occupational therapy, with sensory integration, and psychiatric support
- Access to a community nurse

Admissions criteria

- Aged between 16 and 25 years
- Behavioural and social difficulties
- Learning difficulties or disabilities within the mild to severe range

Positive outcomes

We offer ongoing support, learning and life skills development within a person-centred framework to maximise independence and individual potential.

Individual plans and programmes are adjusted as required to ensure that each individual is challenged to progress at speeds and levels that are appropriate for them.

Case study: Charlotte’s story

Charlotte* is 21 years old and has selective mutism, displays classic signs of dyslexia and has little understanding of her emotions.

When starting at Strathmore College, Charlotte refused to take part in planned activities. Charlotte also only responded to questions using one word answers, but otherwise did not speak.

The advice from her initial Speech and Language Therapy (SaLT) assessment was to avoid verbal responses and to provide Charlotte with visual resources to enable her to communicate. It was also suggested that Charlotte trialled a work placement at a local café to gain work experience.

Following her work experience, a progress report from her tutor said:

“Charlotte is a hard working young lady and a real pleasure to have at the café. She is also becoming more and more verbal.”

Charlotte’s confidence increased and she developed important life skills which also boosted her self-esteem. Since leaving Strathmore College, Charlotte has gone on to fulfill her dream of working in a nursery.

*Name changed to protect student’s identity